

## A GIFT FROM HEAVEN

*A 32 bar strathspey for 4 couples in a longwise set.*

- 1 — 4 1st and 4th couples dance in to meet partner, giving nearer hands, then cast towards the centre.  
2nd and 3rd couples move up or down on bars 3 and 4.
- 5 — 8 1st and 4th couples dance left hands across once round. Both couples finish facing out on own sides.
- 9 — 16 2nd and 1st couples, 4th and 3rd couples dance double figures of eight. 1st and 4th couples dance out to begin.  
When crossing to the centre from the ends, dancers meeting give hands briefly except for the last time when they dance straight into places on the sidelines.
- 17 — 18 All set.
- 19 — 20 1st and 4th couples dance right hands across half way round.
- 21 — 22 All set.
- 23 — 24 1st and 4th couples cross over giving right hands to partner.
- 25 — 32 2nd and 4th couples, 1st and 3rd couples dance an all round poussette.

Finish in order 2, 4, 1, 3.

*“A Gift from Heaven” was devised by Norman Whitson  
in memory of his daughter Shona.*